



Interested in Meditation?

Come and see an informational video to learn more about Vipassana Meditation courses.

Vipassana literally means *to see things as they really are*. It is a systematic way of developing insight and can be practiced by anyone.

Instruction in Vipassana Meditation in the tradition of Sayagyi U Ba Khin, as taught by S.N. Goenka and his assistant teachers, is given in ten-day retreats.

There is never a charge for these teachings. Donations are accepted from those who, upon completing the training, wish to contribute for future students.

What: Introduction to Vipassana Meditation (56 min)
Date: Sunday, June 25, 2006
Time: 12:45 pm
Location: Center For Yoga
6710 Orchard Lake Rd
West Bloomfield, MI 48322

Informal Q&A session follows. This event is free and open to the public.

Michigan Vipassana Association is a non-profit group that hosts meditation courses in Michigan.

For more info about Vipassana Meditation in Michigan, please visit www.mi.us.dhamma.org

Introduction to Vipassana Meditation

Sunday, June 25, 2006 @ 12:45 pm

www.mi.us.dhamma.org/events.shtml

Center For Yoga

6710 Orchard Lake Rd

West Bloomfield, MI 48322

Introduction to Vipassana Meditation

Sunday, June 25, 2006 @ 12:45 pm

www.mi.us.dhamma.org/events.shtml

Center For Yoga

6710 Orchard Lake Rd

West Bloomfield, MI 48322

Introduction to Vipassana Meditation

Sunday, June 25, 2006 @ 12:45 pm

www.mi.us.dhamma.org/events.shtml

Center For Yoga

6710 Orchard Lake Rd

West Bloomfield, MI 48322

Introduction to Vipassana Meditation

Sunday, June 25, 2006 @ 12:45 pm

www.mi.us.dhamma.org/events.shtml

Center For Yoga

6710 Orchard Lake Rd

West Bloomfield, MI 48322

Introduction to Vipassana Meditation

Sunday, June 25, 2006 @ 12:45 pm

www.mi.us.dhamma.org/events.shtml

Center For Yoga

6710 Orchard Lake Rd

West Bloomfield, MI 48322

Introduction to Vipassana Meditation

Sunday, June 25, 2006 @ 12:45 pm

www.mi.us.dhamma.org/events.shtml

Center For Yoga

6710 Orchard Lake Rd

West Bloomfield, MI 48322

Introduction to Vipassana Meditation

Sunday, June 25, 2006 @ 12:45 pm

www.mi.us.dhamma.org/events.shtml

Center For Yoga

6710 Orchard Lake Rd

West Bloomfield, MI 48322